

#### Contact Us:

Letty.Jones@aggies.org.uk Sarah.Farrington@aggies.org.uk Mark.Jones@aggies.org.uk



### Pastoral Care

1:1 sessions for coffee, listening & advice. Email to arrange a chat.



## Storybook Waves

Record a bedtime story for your children to listen to whilst you are separated. Gift packs & deployment journals for families.



### Regular Activities

Family Night (fun, games & food for all the family)

Mocktails & Mystery Craft (for adults & mellow teens)

Wavy Navy (Stay & play pre-school group)

Military Kids Club Choir (Ages 7-17) with





## Autumn Special Events...

Messy Church

**Nerf Party** 



Walk & Talks





Christmas Carol Service Christmas Wreath-making



For more information get in touch & follow us on social media.

@AGGIEWESTONS













# Your Local Family Pastoral Workers



Letty Jones



Sarah Farrington



Mark Jones

Pastoral Workers Letty, Sarah & Mark work across the Plymouth area as the Community Waves team.

Working with families and loved ones of Serving Personnel, they can offer 1:1 pastoral support along with community activity groups, school assemblies and workshops.

# Stay in Touch

Scan the QR code to join our mailing list. Follow us on social media to keep up to date with the latest events.



The data collected on this form will not be used for any other purposes, nor sold to a third party. You can view Aggie's Privacy Policy at www.aggies.org.uk/policies